



SAINT FRANCIS HIGH SCHOOL TRACK AND FIELD INVITATIONAL MEET RECORDS



Event Name	Div	Mark	Year	Athlete – School
3000 Meter Run	Women	9"49.94	2014	Sarah Robinson - Henry M Gunn
100 Meter Hurdles	Women	14.23	2015	Jurnee Woodward -- Vacaville
4x100 Meter Relay	Women	47.94	2015	James Logan
1 Mile Run	Women	4:56.54	2014	Sarah Robinson - Henry M Gunn
400 Meter Dash	Women	55.00	2010	Okodogbe, - Deer Valley
100 Meter Dash	Women	11.77	2013	Destiny Smith-Barnett -- Skyline
Distance Medley	Women	12:08.18	2012	San Lorenzo Valley
800 Sprint Medley	Women	1:48.44	2006	James Logan
300 Meter Hurdles	Women	41.74	1984	Leslie Maxie - Mills
4x800 Meter Relay	Women	9:54.11	2017	Saint Francis
4x400 Meter Relay	Women	3:53.54	2015	Saint Mary's
Discus Throw	Women	173.03	2016	Elena Bruckner – Valley Christian
Shot Put	Women	53-07.00	2016	Elena Bruckner – Valley Christian
Long Jump	Women	20-01.00	1984	Wendy Brown - Woodside
Triple Jump	Women	41-11.50	1984	Wendy Brown - Woodside
High Jump	Women	5-09.50	1991	Chi Johnson - Menlo Atherton
Pole Vault	Women	12-10.00	2012	Rachel Bolton – Homestead
Varsity 4x200 Relay	Co-ed	1:36.92	2016	St. Francis – St. Francis

Event Name	Div	Mark	Year	Athlete – School
3000 Meter Run	Men	8:39.89	2013	Yohaness Estifanos – Milpitas
110 Meter Hurdles	Men	14.12	2012	Kenneth Walker – John F. Kennedy
4x100 Meter Relay	Men	42.21	2009	Valley Christian
1 Mile Run	Men	4:13.54	2006	Mike Perez – Lower Lakes
400 Meter Dash	Men	48.44	1993	Gaulta Belony - Oak Grove
100 Meter Dash	Men	10.61	2012	Byron Marshall – Valley Christian (SJ)
Distance Medley	Men	10:21.47	2016	Bellarmine CP
800 Sprint Medley	Men	1:32.54	2006	James Logan
300 Meter Hurdles	Men	38.47	2001	Halihl Guy - St. Mary's
4x800 Meter Relay	Men	8:10.89	2017	Saint Francis
4x400 Meter Relay	Men	3:22.64	1990	Leigh
Discus Throw	Men	189-08	1988	John Wirtz - Leland
Shot Put	Men	58-10.00	1985	Mohr - Los Altos
Long Jump	Men	24-02.00	1995	Dan Nord - Los Altos
Triple Jump	Men	47-04.50	1986	Rucker - Silver Creek
High Jump	Men	6-10.00	1985	Rogers - Overfelt
			2016	Darius Thomas – Saint Francis
Pole Vault	Men	16-00.00	2006	Casey Roche/ Kyle Bunje – Saint Francis

Last update: 02/20/2018



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Event Name	Div	Mark	Year	Athlete – School
100 Meter Hurdles	F/S Girls	16.44	2016	Jessica Brewer – Lincoln (S)
4x100 Meter Relay	F/S Girls	51.22	2007	St. Mary's College
1 Mile Run	F/S Girls	5:23.86	2008	Jessie Petersen – Carlmont
400 Meter Dash	F/S Girls	59.6h	2006	Powell, Donnise – James Logan
100 Meter Dash	F/S Girls	12.68	2016	Evelyn How – Monta Vista
Distance Medley	F/S Girls	13:01.17	2016	Saint Francis
800 Sprint Medley	F/S Girls	1:54.04	2013	St. Mary's College
300 Meter Hurdles	F/S Girls	48.21	2017	Maxine Schultz - Cupertino
4x800 Meter Relay	F/S Girls	10:25.23	2017	Monta Vista
4x400 Meter Relay	F/S Girls	4:15.97	2007	St. Mary's College
Discus Throw	F/S Girls	125-07	2010	Brielle Rowe - Mountain View
Shot Put	F/S Girls	35-00.5	2010	Sabrina Mendoza – Mills
Long Jump	F/S Girls	17-00.50	2006	McGlory, Nicole – James Logan
Triple Jump	F/S Girls	35-11.00	2007	Baker, Aziza – St. Mary's College
High Jump	F/S Girls	5-02.00	2015	Margaret Redfield – Henry S Gunn
Pole Vault	F/S Girls	9-10.00	2013	Rachel Wilhelm - Saint Francis
F/S 4x200 Relay	Co-ed	1:43.26	2013	Saint Francis - Saint Francis

Event Name	Div	Mark	Year	Athlete – School
65 Meter Hurdles	F/S Boys	9.24	1999	Ian Kenworthy - Saint Francis
4x100 Meter Relay	F/S Boys	42.64	2006	James Logan
1 Mile Run	F/S Boys	4:26.64	1994	Dominique - Leigh
400 Meter Dash	F/S Boys	50.84	1985	Myles - No. Monterey Co.
100 Meter Dash	F/S Boys	11.14	1988	Hill - Oak Grove
Distance Medley	F/S Boys	11:15.13	2017	Saint Francis
800 Sprint Medley	F/S Boys	1:40.36	2015	Bellarmino CP
300 Meter Hurdles	F/S Boys	40.94	1996	Edmon/McGowan - Bell/Leigh
4x800 Meter Relay	F/S Boys	8:36.83	2017	Saint Francis
4x400 Meter Relay	F/S Boys	3:33.44	1985	Santa Teresa
Discus Throw	F/S Boys	154-04	2016	Timmy Mai – Evergreen Valley
Shot Put	F/S Boys	54-10.00	1999	Pete Bjorklund - Los Altos
Long Jump	F/S Boys	21-11.50	1996	Malcolm Clemons – St. Mary's College
Triple Jump	F/S Boys	44-00.75	1996	Jacob Tolbert - Silver Creek
High Jump	F/S Boys	6-05.00	1994	John Bull - Mountain View
Pole Vault	F/S Boys	13-07.00	2014	Justin Navarro - Mount Pleasant